

August  
1983

# NEW YORK CYCLE CLUB

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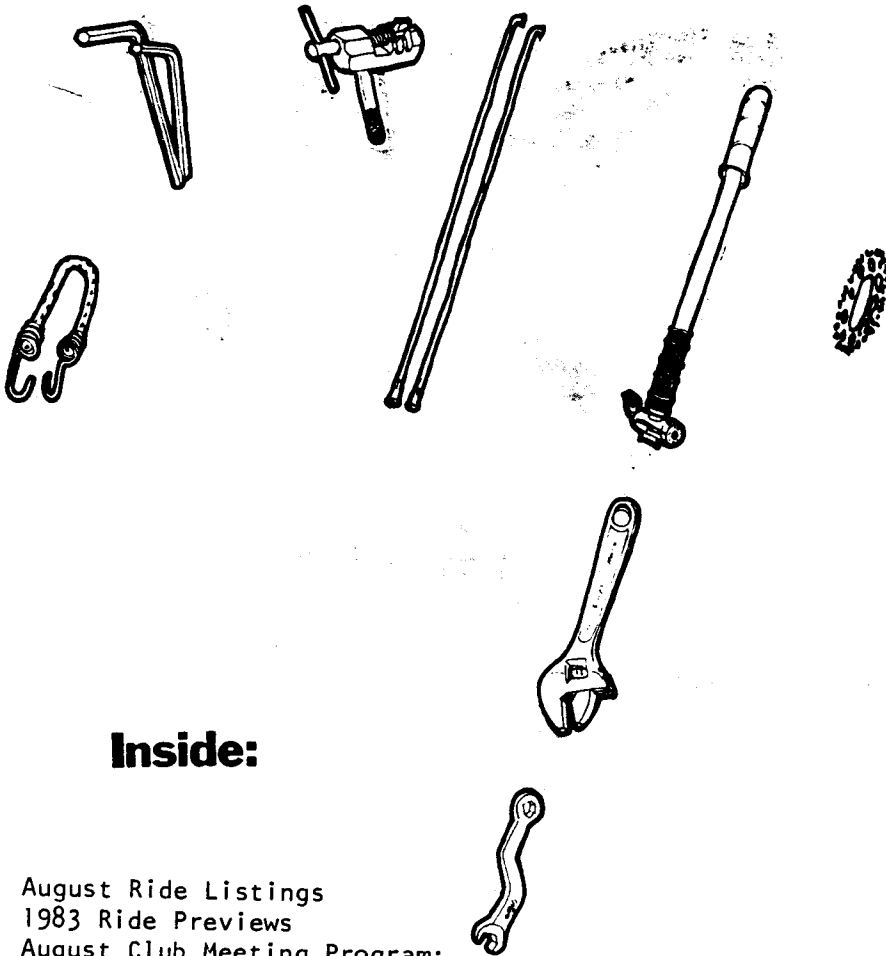
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I N I T S 4 7 T H Y E A R

# August 1983



## Inside:

Pg(s)

2-4 August Ride Listings  
4 1983 Ride Previews  
5 August Club Meeting Program:  
- CREATIVE BIKE REPAIR  
Tuesday, August 9, Artemis Restaurant  
5 Advance Ride Listings  
6 On Going for the Bronze (Plaque for 3rd Place, that is)  
7 New England Area Rally (NEAR)  
8 NEAR Registration Form  
9 Membership Update  
10 For Your Information  
Queensboro Bridge Access  
Bicyclists Should  
11 Summary, July Board of Directors Meeting Minutes  
Public Relations Committee Activities  
Club Riding Behavior  
12 Membership Application



P.O. BOX 877, BROOKLYN, NY 11202

# Ride Listings

## GUIDELINES FOR CLUB RIDES

NYCC rides are intended to be friendly group rides; we don't like to "drop" or lose anyone. Riders whose physical bicycle condition seem inadequate for the ride are to be turned back by the leader. Our leaders are truly reluctant to do this, so please cooperate with them:

- 1) Select rides within your capabilities - avoid downgrading the ride for your fellow riders and stressing yourself "trying to keep up" or, conversely, demanding a faster pace than advertised.
- 2) Be on time or a bit early. Rides will leave promptly.
- 3) Have your bike in good condition: both brakes working, properly inflated tires, adjusted derailleurs, no loose parts.
- 4) Bring water, snacks, spare tube, patch kit, pump and lights for after dark.
- 5) Eat a good breakfast.

## RIDE CLASSIFICATIONS

		<u>Riding Pace</u>
"A+": ANIMALS:	Anything goes. Eats up roads, hills and all.	17+ mph
"A": SPORTS(WO)MEN:	Vigorous riding over hill and dale. High regard for good riding style. Can take care of themselves anywhere. Stops every two hours or so.	14-17 mph
"B": TOURISTS:	Moderate to brisk riding along scenic roads, including hills; destination not so important. Stops every hour or two.	11-14 mph
"C": SIGHTSEERS:	Leisurely to moderate riding. Destination oriented: nature, historical, cultural. Stops every half to one hour.	8-11 mph
"D": BEGINNERS:	Very leisurely sightseeing. Discovering bike and their bodies; training up to "C." Frequent stopping and regrouping. Do not believe reports of mere mortals riding 100 miles or more in a day.	-8 mph

Any member may lead a ride. See the respective Ride Coordinator to submit a Ride Listing form: "A" rides: Clair Goldthwaite (228-0828); "B" rides: David Moses (444-5681); "C" rides: Gregory D'Agostino (272-4271)

Central Park Boathouse phone numbers are: 650-9521, 744-9813, 744-9814.

Sat Aug 6 NYACK IN 2 HOURS 45 MINUTES Leader: Alex Bekkerman (362-6018 or 927-0603). Meet at the Central Park Boathouse. The ride will be nothing fancy; straight up and down Rte 9W with a stop at the Skylark Diner.

Sat Aug 6 CHEESEQUAKE STATE PARK Leader: Lee Gelobter (days: 788-2345; eves: 646-7037). Meet at 8:15 at the Staten Island Ferry Ticket Booth for the 8:30 ferry and a mostly flat ride to Cheesecake State Park in Monmouth County. Bring a lock, bathing suit and towel if you want to swim, and the usual essentials necessary for your survival. Energetic "B" riders who can maintain a 14-16 mph pace are welcome. Call Lee for further information.

Sat Aug 6 BEDFORD VILLAGE AND CONNECTICUT Leader: Roy Lawrence (TR-7-2292). Meet at East 240 St (Nereid Ave) and Webster Ave at the City line in the Bronx (take the #2 train to 238 St and then go down the hill to Webster Ave). Ride to the more rural areas of Westchester County and the adjacent area of Connecticut. The ride is somewhat hilly, so bring low gears as well as lunch or money for it. There are several food stops along the way. Rain cancels.

Sun Aug 7 LAKE PINE MEADOW Leader: Marc Freedman (home: 499-3440 and work: 524-1928). Meet at the Central Park Boathouse at 7:00 am for a quickly paced, hilly ride to this lake in Palisades Interstate Park. Breakfast in Waldwick and a deli stop in Sloatsburg before the climb to the lake. We'll return through Rockland County to get back before dark. If you plan to come, please call Marc by August 6.

Sun Aug 7 75 in 9 (PPR #7) Leader: Irv Weisman (562-7298). Meet at 8:00 am at the George Washington Bridge Bus Terminal, 178 St. and Fort Washington Ave (IND "A" train to 175 St). We'll follow the 50-mile marked route initially, then ride North through Centenary in Rockland County. A long sweep down Spook Rock Rd, Cherry Lane and West Saddle River Rd. will be followed by a moderate climb back up East Saddle River Rd to resume the 50-mile marked route near Pearl River Rd. There will be several juice and snack stops with a longer lunch stop at Park Ridge or the Demarest duck and goose pond (deli nearby). Hill-climbing ability and a good breakfast are necessary. Distance may be shortened if heat and/or humidity are excessive.

Sun Aug 7 BIKING THROUGH BOYHOOD Leader: Ed Schweber (567-2661). Meet at 179 St and Hillside Ave ("E" or "F" train to the last stop) for a ride over some of the routes Ed used as a kid growing up in Eastern Queens. Come experience life through the eyes of a twelve-year-old. Rain cancels. Call Ed the night before if forecast is doubtful.

- Sat - Sun  
Aug 13-14  
"A+"  
275 mi  
6:00 am
- DELAWARE WATER GAP Leader: Chris Mailing (879-6199). This is the fourth annual Delaware Water Gap ride. On Saturday, ride along the New York/New Jersey border (across the Kittatinny Mountains) to Port Jervis, then south along the Delaware River to Marshall's Creek, where the group will stay at the Quality Inn. On Sunday, the route continues along the Delaware River to Washington's Crossing and then returns to New York via Princeton, Staten Island and the ferry. The ride is very scenic and hilly. The cost of overnight accommodations is \$29.15 each (two to a room) and must be paid to the leader at or before the August 9 Club meeting. Riders will be informed of the starting place when they pay for their hotel room. Portions of the ride will be ridden in a double pace line. Maps will be available. Ride goes rain or shine. Due to the difficulty of the ride, participation will be limited to club riders of demonstrated ability.
- Sat Aug 13  
"A-" 85 mi  
8:00 am
- OVER THE RIVER AND THROUGH THE WOODS TO HIGH TOR ONCE MORE Leader: Lee Gelobter (days: 788-2345 and eves: 646-7037). If 30 traffic-free of the first 45 miles sounds inviting, meet at Tramway Plaza (59 St and Second Ave) at 8:00 am for a moderately hilly ride up River Road, through Tallman State Park to Piermont and through Nyack State Park to High Tor. The ride back will be mostly flat except for Palisades Ave. Bring lock and bathing suit and towel if you want to swim, and all the usual essentials. Call Lee for further info.
- Sat Aug 13  
"C" 38 mi  
10:15 am
- SECOND ANNUAL CITY ISLAND/ORCHARD BEACH RIDE Leader: Maggie Clarke (567-8272). Meet at the George Washington Bridge Bus Station (Broadway and 178 St) for a mostly flat ride out to City Island for lunch and then to nearby Orchard Beach for a swim. We will use the North Bronx Bikeway for a good part of the trip. Please bring lunch (money), lock, spare tube, tools, swimsuit, frisbee, etc... Rain cancels; rain date - call Maggie. Joint T.A. and Sierra Club ride.
- Sun Aug 14  
"A" 85 mi  
8:00 am
- CRISCO IN MOUNT KISCO Leader: Ed Schweber (567-2661). Meet at the Central Park Boathouse for a prompt 8:00 am departure to the Friendly's in Mount Kisco, via Rte 120, for lunch. Rain cancels. Call Ed if doubtful.
- Sun Aug 14  
"B+" 80 mi  
8:00 am
- LUNCH AT NORTHPORT SQUARE PARK Leaders: Ed and Sara Flowers (544-9168). The ride leaves at 8:00 am sharp from the statue on Queens Blvd and Union Tpke (take the "E" or "F" train to Union Tpke), and will take about 7 hours at 12 mph with an hour's lunch stop in Northport near a deli. In addition to the rolling country of Westbury, this ride passes through three scenic North Shore yacht basins with the lunch stop overlooking Northport Harbor and the Asharoken Peninsula. Bring two water bottles.
- Sun Aug 14  
"B" 75 mi  
9:00 am
- SCENIC RIDE TO LAKE DEFOREST II Leader: David C. Miller (home: 794-9365 and work: 594-5267). Meet Dave at the Central Park Boathouse for a very scenic ride. We will ride on the bike path through Tallman Park and then via Nyack to the bike path under the Palisades next to the Hudson. The return will be across Lake DeForest and around three other lakes. Lunch will be at Congers Lake Park, a quiet park with a swimming pool (bring a swimsuit). Please bring your own lunch and snacks. There will be a few steep hills. Return by 6:00 pm.
- Sun Aug 14  
"C" 25 mi  
3:30 am
- NIGHTTIME MADNESS Leader: Gregory D'Agostino (272-4271). Why sleep? Meet the rest of us at the ferry by 3:30 am. Put away your dancing shoes ... forget about Saturday Night Fever and join the Nighttime Madness as we host and guide the Princeton Freewheelers and the Morris Area Freewheelers about the town. Clear your social calendar and make a date at Central Park with Bethesda Fountain's Angel of the Waters, the Brooklyn Bridge at dawn and a sunrise breakfast. Bring or buy your snack. Lights advisable. Rain cancels.
- Sat Aug 20  
"A-" 80 mi  
8:00 am
- SADDLE RIVER TO CONGERS LAKE Leader: Lee Gelobter (days: 788-2345 and eves: 646-7037). Meet at Tramway Plaza (59 St and Second Ave) at 8:00 am for a scenic ride along the Saddle River and across Lake DeForest for lunch at Congers Lake. Call Lee for further info.
- Sun Aug 21  
"A" 75 mi  
7:00 am
- NORTH SHORE HILLCLIMBER Leader: Gary Krzynowek (931-5367). Meet at Tramway Plaza (59 St and Second Ave) for a 7:30 departure so that we can beat the heat and be home early. We will be visiting scenic Snake Hill Rd, Turkey Hill Rd, etc.
- Sun Aug 21  
"B" 75 mi  
9:00 am
- CAUMSETT STATE PARK Leader: Alinda Barth (441-5612). Meet by the statue on Queens Blvd and Union Tpke (take the "E" or "F" train to Union Tpke) for a ride to Caumsett Park. There will be a barbecue at Alinda's house in Kew Gardens after the ride. Please call Alinda by Friday evening to let her know if you are coming to the barbecue.

- Sun Aug 21 NO RAIN, NO FLATS, MARKED CLUB ROUTE BACKWARDS RIDE Leader: David C. Miller (home: 794-9365 and work: 594-5267). Meet Dave at the Central Park Boathouse for an easy "B" 70 mi "B" ride that is flat except for two steep hills. If you are familiar with the marked route in the usual direction, this will seem to be an entirely new ride. Snacks are a must, bring lunch if you want. There is a great deli and pastry shop just before the lunch stop. There is a pool at the lunch stop. Bring a swimsuit.  
9:00 am
- Sun Aug 21 LOOKOUT POINT ~~LOOKOUT~~ Leaders: Gregory D'Agostino and Dan Schulman (Gregory: 272-4271 and Dan: 648-3828). Take the LL train to the last stop, Rockaway Parkway in Canarsie, or park your car at Canarsie Pier, or meet at the McDonald's in the Rockaways for a steady paced ride through Broad Channel, the Rockaways, Atlantic Beach, Long Beach and Lido Beach to the charming Point Lookout. Phone Gregory for travel directions. Bring or buy lunch. Bring spare tube. Rain or gales cancels.  
"C+" 50 mi  
9:30 am
- Fri-Sun BICYCLING YANKEES IN CONNECTICUT COUNTRY Leader: Amy Weinstock/AYH (Amy: 869-3050 and AYH: 431-7100). Cycle around the area where the Connecticut River meets Long Island Sound, over wooded hills and past historic homes. Stay at the Rocky Woods Hostel. A van will leave from AYH on Friday at 6 P.M. Cost is \$65. Call Amy or AYH in advance for details.  
Aug 26-28  
"B/C"  
65 mi/day  
6 pm Fri.
- Sat Aug 27 BEAR MOUNTAIN BLOWOUT Leader: Lee Gelobter (days: 788-2345 and eves: 646-7037). Meet at 7:30 am at Tramway Plaza (59 St and Second Ave) for a moderately hilly ride to Bear Mountain and lunch either at Bear Mountain or in Garrison about 10 miles north. We will go up the east side and down the west side of the Hudson. This is the last club ride Lee will lead this season. He would hate to do it alone. Call Lee for further info.  
"A-" 100 mi  
7:30 am
- Sat Aug 27 YORKTOWN CARTOP RIDE Leader: Marsha Taggart (914-962-5991). Meet Marsha at 9:00 am at the commuter parking in Yorktown. Take the Saw Mill River or Sprain Brook Parkway or the Bronx River Parkway North to the Taconic. Follow the Taconic over the bridge and exit on Underhill Ave going up a hill after the bridge. Turn right on Underhill and go about 3 miles to the traffic light. Go straight at the light to commuter parking on right after passing the Shell station on the left. The ride includes the Croton Dam, Amawalk Reservoir and Bedford.  
"B"  
50-60 mi  
9:00 am
- Sun Aug 28 CARMEL CARAVAN Leader: Rich Herbin (666-2162). Depart from the Central Park Boathouse for the remote, scenic attractions of Westchester and Putnam Counties including the Croton Dam, Kent Cliffs, Piano Mountain, the Village of Carmel, the Elephant Hotel and New York City reservoirs. Bring low gears and allow 11 hours. Diner breakfast stop at mile 40. Deli stops as needed thereafter. Excessive THI or rain cancels.  
"A" 110 mi  
7:30 am
- Sun Aug 28 88 in 10 $\frac{1}{2}$  (PPR #8) Leader: Irv Weisman (562-7298). Meet at 7:00 am at the George Washington Bridge Bus Terminal, 178 St and Fort Washington Ave (IND "A" train to 175 St.). See the Aug 7 PPR #7 write-up for ride details.  
"B+" 88 mi  
7:00 am
- Sun Aug 28 CLOISTERS BIKING Leader: Herb Wasserman (859-0845). Meet at City Hall Park, Murray St and Broadway, by 9:30 am for a scenic ride up the Hudson to the Cloisters and Fort Tryon Park. Bring lunch and spare.  
"C/D"  
20 mi  
9:30 am

#### 1983 RIDE PREVIEWS

DATE	RIDE	LEADER	CLASS	DISTANCE
* 9/2-5	Vermont Bike/Hike	Weinstock/AYH	A/B	
9/3-5	Montreal in 40 Hours	AYH	A+	375
* 9/3-5	Islands Weekend	Ramos	B+	200+
* 9/9-11	Skyline Drive, Virginia	Iasoff/AYH	A	222
9/11	PPR #9 - 100 in 10	Weisman	B+	100
9/18	Hi-Point 100	AYH	A/B/C	25-125
* 9/23-25	Mystic Connecticut Weekend	Goldstein/Cambi/AMC	C	30/day
10/2	Bill Baumgarten Memorial Ride	Rides Committee	A/B/C	
10/8-10	Washington in 24 Hours	AYH	A+	250

\* See Advance Ride Listings, page 5.



# August Club Meeting Program

## CREATIVE BIKE REPAIR

-- Carole Chavanne, V.P. Programs



What do you do when you are riding in the wilderness and your frame cracks?  
What do you do if you break a spoke (on the freewheel side, of course), and you have no tools and no spare?

Well, Elliot Winick and Francis Bollag claim to have the answer for every conceivable bike repair problem. They will show slides and give examples of bike repair situations solved with great creativity and finesse. You are welcome to try to "Stump the Good-wrenches" by bringing Elliot and Francis repair situations that you think have no solution!

Come to Artemis Restaurant on Tuesday, August 9th, for what promises to be an informative and very entertaining evening. Artemis Restaurant is at 76 Duane Street (just off Broadway), 2 blocks north of City Hall. Subway instructions: Lexington Avenue IRT--Brooklyn Bridge Station; A Train and 7th Avenue IRT--Chamber Street Station.

## ADVANCE RIDE LISTINGS

The following rides will take place in September, but each requires action prior to the day of the ride.

Fri-Mon  
Sept 2-5  
"A/B" VERMONT AYH BIKE/HIKE Leader: Amy Weinstock/AYH (Amy: 869-3050 and AYH: 431-7100). If you've never heard of the wonderful AYH lodge in Rochester, Vermont, you don't know what you've been missing. The Schoolhouse Hostel offers magnificent meals prepared by Dave Marmor, culinary wizard and "house parent." Join us in cycling nearby country roads and enjoying the mountain vistas. For "A" riders we will have a challenging century ride that twice crosses the backbone of the Green Mountains. The rolling hills and brief but steep rises will offer enough challenge to any "B" rider. We promise glorious weather and a grand time! Depart 6:00 pm Friday from AYH, 132 Spring St. Cost \$75. Deposit \$35. Call Amy or AYH for details.

Sat-Mon  
Sept 3-5  
"B+" ISLANDS WEEKEND Leader: Martha Ramos(858-9142). Spend the Labor Day Weekend touring the Islands: Fisher, Block and Shelter. Do a twin century by cycling out and back or take a bus which will also accommodate your bicycle. Departure for the century is 6:30 am from Hillside Ave and 179 St (last stop on the "E" or "F" train). Overnights will be spent on Shelter Island. You are responsible for your own bus and inn reservations. Call Art Gute rding (350-8901) for the name of the bus service and Martha Ramos (858-9142) for the name of the inn. Martha will be leading the century at a B+ pace (12 mph). The cost of the weekend, which includes food, will be between \$130-\$140 per person.

Fri-Sun  
Sept 9-11  
"A" SKYLINE DRIVE TOUR Leader: Gloria Lasoff/AYH (Gloria: 879-6199; work: 431-7100). There is still room, for well-conditioned riders only, on the Skyline Drive trip through the Blue Ridge Mountains in Virginia. A van will leave from AYH at 1:00 pm on that Friday. The cost, excluding Friday and Sunday night dinners, is \$115. Call Gloria for more details. You must sign up for this trip at AYH, 132 Spring Street in Manhattan.

Fri-Sun  
Sept 23-25  
"C" MYSTIC CONNECTICUT WEEKEND Leaders: Roz Goldstein and Flora Cambi/AMC (Roz: 242-4130 and Flora: 201-869-0755). The cost is \$66.50 for two nights at the attractive Days Inn, not including meals. Send stamped, self-addressed envelope, transportation situation and your \$66.50 by Sept. 1 to the registrar: Flora Cambi, 9060 Palisades Ave, North Bergen, NJ 07047. This ride is limited to 30 riders.

It might just as well have been the Olympic bronze medal, considering how wonderful it feels to win the Third Place Women's Distance award in the Pepsi 24-Hour Marathon.

But, as with the photographer who gives you the large photo & 25 mini's, I wish the award came with at least 25 copies for the people without whose help & support I never would have had the technical & physical ability, the confidence, & the team support necessary to "go for the bronze."

First & foremost this award belongs to Martin Karrin, the ever-cheerful, rain-soaked Captain of the Support Team. I knew I was in the right place when I saw Martin stretched out on his chaise longue under the tree - preventing sunburn, no doubt, in rain gear from head to toe; & on the next chaise longue over, his tireless & supportive wife, Joan. Without Martin's leadership I couldn't have ridden the first 50 miles straight through, averaging 14mph, getting regular fuelings of water, juice & food; nor the next 50 nearly straight through (keep the coffee water hot, Martin) & I wouldn't have even been in contention. Many thanks to Martin, Joan, Marion Kufert, Doug Blackburn, & Jay & Rosemary Hartman for their contribution as the support team.

I'm also indebted to Jim Rex for coaching in the past 2 marathons & between, for moral support when I failed the AYH leadership program by breaking my collarbone, not to mention his compelling stories.

To Doug Blackburn for the 5am wake-up call & all the water refills in the last fast laps.

To Gloria Lasoff & AYH for the phenomenal job they did in revamping the organization & marshalling of the marathon. In the early am hours AYH even sent around a van offering moral & technical support to everyone, not to mention the vans & police cars at all the strategic points.

To all the marshalls who stood there shivering or rode in the rain to help & protect us, especially Ellie Sprangenberg & the time-keeper with the dark moustache who seemed to be there endlessly.

& to the guy with a beard in yellow rain slicks who gave me words of encouragement in the night & the rain every time I passed the time-keeper.

But this award also belongs to all the friends I've found in NYCC who've encouraged & helped me over the past 2 years.

To Irv Weisman, whose Cherry Blossom Tour started all this, for countless hours of help with gearing, wheel-building, & other mechanical & metallurgical theories, for ride leadership & matter-of-fact good influence, & for connecting me with Austin Cycling Association so I could get in 450 sunny miles in March.

To Richard Herbin for selflessly sacrificing the night before the tandem time trial redoing my new wheels which I had dished wrong & dented badly, my loose headset, & all the info.

To Hannah Holland for letting him, for her assistance while injured, & for the delicious whole-wheat chocolate-chip cookies which made Nelly (my bike) all but fly back from Montauk.

To James Rosar for technical & mechanical help, for moral support, & for all the hours he spent showing me how easy it really is to lace wheels - it was really easy watching.

To Bernie Broak for that life-savily-loud bike bell, for kidding me gently about smoking, & for his humorous good spirit as a soaked fellow 5-Boro marshall.

To Martha Ramos for waiting around with New Hope maps when she had a bad back & couldn't even go there, & for leading numerous scenic rides.

To Dave Miller for leading rides that begin 5 minutes from house & at a civilized hour, 10 or 12, for bike & photography help, & for bringing me almost up to his pace.

To Marsha Taggart for her untold patience, for ride leadership over those tough Westchester hills & rustic back roads, & for sharing her country home & garden with us.

To Roger Bergman, my 1st bike repair teacher, who gave me a solid foundation of knowledge & attitude to keep old Nelly in good shape - & knowing old Nelly, couldn't believe she won third.

To Karen Reich & Jerry Scher for the Golden Apple Century & many good bike rides, pit stops, camping tips, & hearty dinners.

To Duff Bailey for logically refuting many of Jobst Brandt's theories which I could never figure out, for expanding my appreciation of racing & touring, not to mention his good cooking.

To Sara & Ed Flowers for great programs, shared tours & knee conversations, & even a little drafting - Ed says he never drafted a midget before.

To Steve Bauman for his concern on the Albany trip & for saving me from darkness on a 1-lane road in the woods on the El-Point Hundred double metric.

To Larry Rutkowski for letting me go on his Montauk tour, the finishing touch on my nearly 1300-mile spring training.

To George Schneff, to Marty Wolf, & to Lorraine Gewirtz for their individual enthusiasm & encouragement in general.

To Greg D'Agostino for the joys of mini 35mm photography.

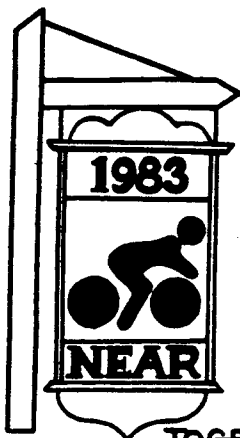
To Sherry Williams, Elliot Winick, Stu Kronengold, & Aunt Faye, for care & kindness when I broke my collarbone.

To Joe Hulbert for last year's scouting rides at a good, even pace.

To the Austin Cycling Association, particularly Sue Jefferies & Hugh (Diz) Dismukes, without whose help I wouldn't have gone to Buda or the Hill Country Tour & learned to survive 55mph winds & explore Comfort - a beautifully restored century-old Texas town.

To everyone I left out.

And for those of you who think that riding 232 miles in a day in the rain is crazy or impossible, I discovered that it's neither. Cycling is a process in which the more you cycle, the more you can expand your horizons - scenic, historic, cultural, geological, healthful, social, nutritional, theoretical, technical, mechanical, & finally, physical. Everyone has something worthwhile to share, since the cycle you're working on is a metaphor for the cycle you're working on. Thanks, you guys. We won.



# NEAR

NEW ENGLAND AREA RALLY  
~ AUGUST 12-13-14-1983 ~

~ IT'S COMING! ~  
THE BIG NEW ENGLAND BICYCLE RALLY  
THAT EVERYONE HAS BEEN ASKING FOR

ELEVEN NEW ENGLAND BICYCLE CLUBS ARE WORKING TOGETHER TO GIVE YOU THE BIGGEST AND BEST BICYCLE RALLY EVER OFFERED IN NEW ENGLAND. BRING THE WHOLE FAMILY (NO PETS PLEASE). SEE AND RIDE WITH TANDEM, TRIKES, RECUMBENTS, MOUNTAIN BIKES AND HIGHWHEELERS. RECEIVE A PATCH. TRY FOR THE MANY AWARDS TO BE PRESENTED. GET A T-SHIRT.

## WHERE

~ WORCESTER STATE COLLEGE ~  
CHANDLER STREET (RT. 122)  
WORCESTER, MASSACHUSETTS

LOCATED ONLY  
40 MILES WEST  
OF BOSTON

## WHAT

~ OVER 700 MILES OF BEAUTIFUL NEW ENGLAND COUNTRYSIDE RIDES, SUITABLE FOR ALL ABILITIES. VISIT OLD STURBRIDGE VILLAGE, LONGFELLOW'S WAYSIDE INN, HISTORIC CONCORD AND LEXINGTON, MT. WACHUSETT AND WACHUSETT RESERVOIR. WE HAVE ARRANGED FOR LODGING AND MEALS AT THE COLLEGE, AND FOR ENTERTAINMENT WE OFFER SEMINARS, WORKSHOPS, EXHIBITS, MOVIES AND A SATURDAY NIGHT BARBEQUE FOLLOWED BY SQUARE/CONTRA DANCING WITH A CALLER. AND MUCH, MUCH MORE!

REGISTER IN ANY OF FOUR CATEGORIES, COVERING VARIOUS DEGREES OF PARTICIPATION. AT FEES OF \$10, \$15, \$48 OR \$60.

SEND REGISTRATION FORM  
(OVER) and S.A.S.E. TO →

NEAR

% LINDA HARVEY  
16 CLINTON ST.  
SALEM, N.H. 03079

## Your Hosts



American Youth Hostels Charles River Wheelmen Granite State Wheelmen  
Appalachian Mt. Club Digital Bicycle Club Narragansett Bay Wheelmen  
Angler Owners Club Pitchburg Cycling Club Nashoba Valley Pedalers Tri County Touring Club

G.

NEAR RALLY  
AUGUST 12, 13, 14  
WORCESTER STATE COLLEGE  
WORCESTER, MASSACHUSETTS

NOTE: EACH INDIVIDUAL, INCLUDING ALL CHILDREN, MUST REGISTER ON A SEPARATE REGISTRATION FORM. YOU MAY DUPLICATE THIS FORM. PLEASE ENCLOSE A STAMPED SELF ADDRESSED BUSINESS ENVELOPE. (ADDITIONAL INFORMATION WILL BE MAILED LATER)

LAST NAME _____		FIRST NAME, MIDDLE INITIAL _____		M _____	F _____	AGE _____
STREET ADDRESS _____				( ) PHONE _____		
CITY _____		STATE _____		Z _____		
EMERGENCY CONTACT _____		RELATIONSHIP _____		( ) PHONE _____		
I WISH TO ROOM WITH (GIVE ALL NAMES) _____		# IN PARTY _____		T-SHIRT SIZE _____		
(SEND REGISTRATION FORM AND FEES IN SAME ENVELOPE)						

IN RIGHT HAND COLUMN, WRITE IN AMOUNT OF OPTION CHOSEN.  
(PLEASE CHOOSE ONLY ONE OPTION FROM OPTIONS #1 THROUGH 8)

<b>OPTION 1 - ADULT</b> Includes registration fee, lodging Friday and Saturday nights, (no bedding or towels provided), 5 meals (Saturday breakfast, lunch, barbeque dinner: Sunday breakfast and lunch), all activities.	\$80.00	\$ _____
<b>OPTION 2 - CHILDREN</b> Same as Option 1 above for children under 12, sleeping on floor in same room as parent(s).	34.00	_____
<b>OPTION 3 - ADULT</b> Includes registration fee, 5 meals (Saturday breakfast, lunch, barbeque dinner: Sunday breakfast and lunch), all activities, no lodging.	48.00	_____
<b>OPTION 4 - CHILDREN</b> Same as Option 3 above for children under 12.	24.00	_____
<b>OPTION 5 - ADULT</b> Includes registration fee, all activities, Saturday barbeque dinner only, no lodging.	15.00	_____
<b>OPTION 6 - CHILDREN</b> Same as Option 5 above for children under 12.	10.00	_____
<b>OPTION 7 - ADULT</b> Includes registration fee, all activities Saturday and/or Sunday, no meals, no lodging.	10.00	_____
<b>OPTION 8 - CHILDREN</b> Same as Option 7 above for children under 12.	5.00	_____
<b>LATE FEE</b> Required if postmarked after July 1, 1983.	5.00	_____
<b>FRIDAY NIGHT DINNER</b>	4.50	_____
<b>EARLY FIRST CLASS MAILING OF PROGRAM BOOKLET</b> Please send my program booklet 2-3 weeks in advance.	3.00	_____
<b>TOTAL</b>		_____

#### REFUNDS

If notice of cancellation is postmarked prior to July 1, all but \$15.00 will be refunded. No refunds will be made after July 1, 1983, or for no-shows or inclement weather.

#### TANDEM

CHECK IF YOU WILL BE BRINGING A TANDEM BICYCLE

☐

#### RECREATIONAL VEHICLE

CHECK IF YOU WILL BE BRINGING A RECREATIONAL VEHICLE  
(LIMITED PARKING IS AVAILABLE FOR R.V.'S)

☐

#### POST TOUR

INTERESTED IN 6-DAY POST TOUR THROUGH BERKSHIRES?

☐ NO ☐ YES

#### TANDEM TOUR

INTERESTED IN TANDEM TOUR?

☐ NO ☐ YES

#### WAITING LIST

PLEASE PLACE ME ON WAITING LIST IF REGISTRATION CAPACITY IS REACHED. CHECKS WILL BE HELD UNTIL NEAR.

☐

PLEASE MAKE CHECKS OR MONEY ORDERS PAYABLE TO:

NEAR  
AND SEND TO:  
C/O LINDA HARVEY  
16 CLINTON STREET  
SALEM, NH 03079

#### RELEASE

All entrants must sign the release below.

In signing this release for myself or for the named entrant, if entrant is under the age of 18, I acknowledge that I understand the intent hereof, and hereby agree to and absolve and hold harmless Worcester State College, NEAR committee members, and their officers, members, students, and employees, and any others connected with this event in any way whatsoever, singly and collectively, from and against blame or liability for any injury, misadventure, harm, loss, inconvenience, or damage suffered or sustained as a result of participation in NEAR 1983 or in any activities associated therewith. I understand that Worcester State College, NEAR committee members, etc., are not responsible for, and are not insurers of, my personal safety during the event. I thus release them, and I agree to save them harmless, from any and all liability arising from my having sustained any property damage or personal injury by reason of their negligence in participating in or sponsoring or planning or arranging the event. I also hereby consent to and permit emergency medical treatment in the event of an injury or illness. I shall abide by traffic laws and regulations and practice courtesy and safety in cycling.

8

Signature of Entrant

Date

Signature of Parent or Guardian if Entrant is under 18

# Membership Update

## ADDITIONS TO 1983 MEMBERSHIP ROSTER APPEARING IN JULY BULLETIN:

Charles Albert	47-12 48th St.		
Allen Baki	167 Waverly Ave.	Woodside 11377	786-2779
Alex Bekkerman	63 W. 68th St. #14	B'klyn 11205	596-3803
Lianne Birkhold	201 E. 37th St. #109	N.Y. 10023	362-6018
Diane Bruce	2130 Bway #403	N.Y. 10016	697-8759
Donald M. Burch	775 Main St.	N.Y. 10023	877-5235
Janier M. Caban	239 E. 116th St. #4	Hyannis, Mass. 02601	(617)775-1205
Dave Chamberlain	176 E. 3rd St. #3D	N.Y. 10029	427-3237
Joseph Chappelle	1806 First Ave. #23H	N.Y. 10009	228-9309
Bill Colavito	2726 Westervelt Ave.	N.Y. 10028	369-9584
John Constantino	184-11 Cambridge Rd.	Bronx 10469	
Eric Corbman	7 W. 14th St. #4H	Jamaica Estates 11432	460-4424
Richard S. Cordy	2726 Linden Blvd. #1G	N.Y. 10011	924-8139
Sue Daniels	192 Claremont Ave. #34	B'klyn 11208	647-8879
Denise Dorsey	134 Beach 59th St. #302	Montclair, N.J. 07042	(201)746-9056
Karen Fantus	2109 Bway #1520	Arverne 11692	634-7442
Mark B. Flasher	300 Mercer St. #17I	N.Y. 10023	873-5559
Lee M. Frankel	c/o Olympic Litho Corp., 116 Nassau St., 7th fl., B'klyn 11201	N.Y. 10003	475-1419
Dennis Fuller	134-45 166th Pl. #5D		252-6644
Julian Garcia	23 Elton St. #1	Jamaica 11434	528-6755
Tony Gerace	137 Barrow St. #3A	B'klyn 11208	291-5910
Jeffrey D. Gilbert	234 W. 109th St. #5B	N.Y. 10014	924-1028
Lorraine Gilliam	445 E. 14th St. #5E	N.Y. 10025	749-6164
Joseph Glasman	109-10 Queens Blvd.	N.Y. 10009	674-6774
Peter Gruber	5 W. 16th St.	Forest Hills 11375	544-7407
Erica Gruen	51 W. 86th St. #303	N.Y. 10011	255-0062
Joyce Hartsfield	282 Cabrini Blvd. #6B	N.Y. 10024	496-7394
Peter Howard	42 Snapdragon Ln.	N.Y. 10040	927-6584
Dennis M. Hultay	58-36 43rd St.	Roslyn Hts. 11577	(516)621-7152
Ralph Irizarry	52 State Rd. - Route 303	Woodside 11377	
Debra Kosakoff	425 Park Ave. S. #8D	Valley Cottage 10989	(914)268-4774
Stephanie Kravec	409 E. 84th St.	N.Y. 10016	532-0568
David Kroop	501 W. 123rd St. #6E	N.Y. 10028	628-5194
Judy Kurtz	160 W. 16th St. #1B	N.Y. 10027	866-0967
Hoover Lee	260 65th St. #18P	N.Y. 10011	691-7959
Maryvonne Le Tord	74 Bank St.	B'klyn 11220	836-6011
Randy Levine	218 E. 5th St. #1E	N.Y. 10014	807-6249
Edward R. Lopez	41-07 42nd #1J	N.Y. 10003	982-4211
Ellen Lurie	326 W. 83rd St. #4D	Sunnyside 11104	937-4605
Jack McEnaney	839 W. End Ave. #5E	N.Y. 10024	595-4291
Diana Maeurer	203 W. 19th St. #2R	N.Y. 10025	865-0046
Arnold Melamed	440 Neptune Ave. #4G	N.Y. 10011	989-6775
Murray Melnick	205 W. 10th St. #6E	B'klyn 11224	996-3133
Steven Memel	44 W. 74th St. #2B	N.Y. 10014	CH-3-2231
Dominic Mossa	162-38 98th St.	N.Y. 10023	877-3788
Joanne Nelson	500 E. 77th St. #614	Howard Beach 11414	835-1466
Mary O'Brien	39-42 44th St.	N.Y. 10021	861-1733
Liz Oljar	446 E. 20th St.	Sunnyside 11104	786-8868
Donald Passantino	82-24 58th Ave.	N.Y. 10009	533-2498
Sheila Rubin	236 E. 36th St. #9H	Elmhurst 11373	446-9025
Anne Scher	315 E. 21st St. #5K	N.Y. 10016	683-6458
Bruce Scher	208 Prospect Park West #2B	N.Y. 10010	
Mel Shleifer	Box 1081	B'klyn 11215	499-4568
Janet Smith	233 Claremont Rd.	Mt. Vernon 10551	
Fran Sparling	41-49 45th St.	Ridgewood, N.J. 07450	(201)444-8277
Howard Spengel	425 Park Ave. S. #8D	Sunnyside 11104	EM-1-9546
Alan Stern	85 4th Ave. #6NN	N.Y. 10016	532-0568
Paul Sullivan	149 Sixth Ave.	N.Y. 10003	473-5347
Miriam Torres	23 Elton St. #1	B'klyn 11217	636-6291
Harold L. Warren	P.O. Box 241	B'klyn 11208	291-5910
Jack Warren	30-14 Raphael St.	Forest Hills 11375	544-2819
Linda Wilson	295 Central Prk W. #16A	Fairlawn, N.J. 07410	(201)791-4809
Elliot Winick	c/o AYH 132 Spring St.	N.Y. 10024	595-0253
Paula Zuckerman	175 W. 93rd St. #17J	N.Y. 10012	431-7100
		N.Y. 10025	666-5030

CURRENT NYCC MEMBERSHIP: 342

### CHANGE OF ADDRESS:

Barry Bryer 1120 Park Ave. #6B

N.Y. 10028

831-1693

Watch out, Mr. Science! Step back, Ms. Child! Make way for "SPOKESman," a bicycle repair and maintenance program being aired on Channel 21, Tuesdays at 11 A.M. It's very good for the novice and the intermediate mechanic. Now... if Sony could only make a VCR small enough to fit into a bike bag...

Sunrise Express Bus Service will take you and your unboxed cycle from Manhattan to Riverhead, Mattituck, Cutchogue, Southold, and Greenport. Phone 212/767-2775 for the schedule. Thank Art Guterding for ferreting out this info.

The next time you want to see Vittorio De Sica's "THE BICYCLE THIEF," you needn't fall prey to one (that would be taking Italian Realist films to the absurd). THEATRE 80, 80 St. Marks Place, has arranged inside parking for bicycles. Who knows, you may find your cycle parked next to Katharine Hepburn's folding Peugeot.

A traditional tandem bike is fun if your cycling companion looks like Zasu Pitts or Wallace Beery, but if you're a bit luckier than that, you might consider trading in your fore-and-aft wheeler for a Barrett Side-By-Side bicycle. For more information on these cozy conveyances, write to Barrett Bicycles, Angola, New York 14006. It's the only side-by-side bike builder around. I hope so, anyway!



## QUEENSBORO BRIDGE ACCESS THRU 1984!

**MON - FRI 10 AM - 3 PM**

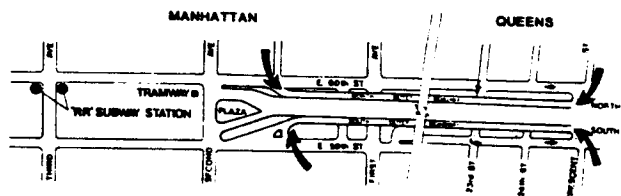
BIKELANE CLOSED  
USE RR SUBWAY BET. QUEENSBORO PLAZA  
& 80th ST./THIRD AVE. OR  
ROOSEVELT ISLAND TRAMWAY

**MON - FRI 7 AM - 10 AM**

USE SOUTH OUTER ROADWAY  
CRESCENT ST. BRIDGE PLAZA  
80th ST. / BET. FIRST & SECOND AVES.

**AT ALL OTHER TIMES**

USE NORTH OUTER ROADWAY



NEW YORK CITY DEPARTMENT OF TRANSPORTATION



*Things to Remember  
Whether you Bike, Drive  
or Walk.*

*In New York City a bicycle  
is considered a vehicle and  
governed by the same  
laws. Like a motorist, a  
bicyclist is subject to the  
same fines for violations  
of the law.*

## Bicyclists Should

- Obey all traffic signals, stop signs and pavement markings.
  - Ride with traffic, never against it.
  - Yield to pedestrians.
  - Never block a pedestrian crosswalk.
  - Use bike lanes where provided.
  - Watch for loading and unloading commercial vehicles parked alongside a bike lane.
  - Stay to the right on two-way streets or narrow one-way streets.
  - Ride to the right or the left on a one-way street wider than 40 feet.
  - Whenever possible, use hand signals when turning or stopping.
  - Ride no more than two abreast.
  - Never carry a passenger unless an attached seat is provided.
  - Never carry articles that interfere with proper control.
  - Always have at least one hand on the handle bars.
  - Never ride on the sidewalk (unless you are 12 years old or younger).
  - Never hang on to other vehicles.
- Every bicycle must be equipped with:**
- Working brakes.
  - A horn or bell. Whistles are illegal and annoying.
  - White front and red rear lights when riding at night.
- New bicycles must be sold with rear, front, and side reflectors.**

## SUMMARY, JULY **Board of Directors Meeting** MINUTES (UNAPPROVED)

1. Doug Blackburn reported on a recent meeting of the Pedestrians First group (see below).
2. After considerable discussion with respect to bicycle traffic law adherence, the Board voted to reaffirm the Club's policy as stated in its membership application.
3. There was extensive discussion on the relative lack of B- and C+ rides.
4. Chris Mailing announced that Marc Freedman has volunteered to be the Club's legislative liaison with Herb Alfasso, the League of American Wheelmen (LAW) New York State Legislative Representative.
5. It was also announced that the Queensboro Bridge access for cyclists and pedestrians will continue through 1984 (see the New York City Department of Transportation notice on page 10 of this bulletin).
6. A new Club patch is planned; discussion was tabled until a prototype is designed.
7. The next Board meeting will be on August 2.

Copies of the minutes are available from Maggie Clarke.

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### PUBLIC RELATIONS COMMITTEE ACTIVITIES -- by Doug Blackburn

1. The pamphlet "Sharing the Road in New York City" has been reprinted bearing the legend "Printed compliments of the New York Cycle Club."
2. Letters have been written to the Parks Commissioner expressing our support of any program to increase order and safety on Central Park roadways, and to the New York Times commenting on their article covering the May, 1983 meeting of Pedestrians First.
3. Chris Mailing, Irene Walter and I attended the June, 1983 Pedestrians First meeting and made certain statements from a cyclist's point of view, e.g., we could support their efforts for increasing law enforcement and more public education. (Ed. Note: A fuller report is available from Doug.)

We are working on a Bicycle Safety Trip handout and our Letters to Editors project. I plan to continue attending Pedestrians First meetings. Attending the last meeting gave me two thoughts. First, a bell or horn mounted on the bike one uses for city travel makes sense (in addition to being legally required). Second, there are far too many adult bikers on the sidewalks, too many wrong-way riders and too many bikers weaving through pedestrians. Probably those bikers are not NYCC members but the public can't make that distinction. All they know is that some "crazy biker" is endangering their well-being. I'm coming to the conclusion that in addition to supporting the formal campaigns for law enforcement and public education, we need to get a little "evangelistic" and let bikers know when we see them do something stupid. It's in our own best interests (and in theirs as well).

EDITOR'S NOTE: At the Pedestrians First meeting, a Police Department representative announced that the 19th Police Precinct issued more than 100 summonses to bicyclists in a recent month. The summonses were given for: running red lights, riding on sidewalks, riding the wrong-way on streets, and failure to yield to pedestrians. The summonses were for \$35 plus \$10 court costs, for a total of \$45.

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### CLUB RIDING BEHAVIOR -- by Irv Weisman

At the July Club membership meeting, Doug Blackburn reported on the Club's recent participation (see report above) at a meeting of pedestrians who were angry with bicyclists and their discourteous and unlawful riding behavior. The pedestrians' tempers were cooled a bit by the Club's adding its voice on the side of law-abiding behavior. At our meeting, Doug also distributed copies of "Sharing the Road in New York City," a publication of the NYC Department of Transportation, which the NYCC had reprinted for public distribution--as a public relations effort.

But some of our Club rides demonstrate riding behavior which is unlawful and discourteous to other users of the road (see article by Bill Vojtech in September 1982 bulletin). Do we, as a club, want to condone such behavior, or do we want to come out clearly on the side of courteous and lawful riding? Should our Club rides be models of good road behavior--thus augmenting in practice the efforts of our Public Relations Committee--or do we let each member decide how s/he will behave on a Club ride?

I feel that our Club has a right to expect courteous and lawful behavior from the membership. In fact, our application for membership states it. Flagrant disregard of the law, or even inconsiderate riding styles, should be strongly discouraged. Aside from being dangerous, they do a disservice to our Club's reputation, and to bicycling in general. Do we want those results?

Although there is more to proper Club riding than the excerpt from "Sharing the Road" over (on page 10), it is an excellent beginning.

Our Club should develop and publish additional guidelines for Club riding, encompassing acceptable road behavior vis-a-vis other users of the roads, and between the riders themselves.

What do you think?

**FIRST CLASS**

Christopher Mailing  
Gloria Lasoff  
324 E 82nd St #3C  
NY, NY 10028



DAVID C. MILLER  
410 East 75th Street #1C  
New York, New York 10021  
212-794-9365



APPLICATION FOR MEMBERSHIP IN THE NEW YORK CYCLE CLUB

As a N.Y.C.C. member, I accept full personal responsibility for obeying all traffic regulations and for my own safety on the road. I will hold the Club, its officers and ride leaders blameless in case of accident.

NAME(S) \_\_\_\_\_ PHONE H. \_\_\_\_\_

B. \_\_\_\_\_

ADDRESS \_\_\_\_\_ APT. \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

DATE \_\_\_\_\_ AMT. OF CHECK \_\_\_\_\_ NEW \_\_\_\_\_ RENEWAL \_\_\_\_\_

WHERE DID YOU HEAR OF N.Y.C.C.? \_\_\_\_\_

OTHER CYCLING CLUB MEMBERSHIPS: (CIRCLE) AMC AYH Bikecent. CCC CRCA IBTS LAW TA  
OTHER: \_\_\_\_\_

1983 membership dues are \$11.00 per individual, \$14.00 per couple residing at the same address and receiving only one newsletter. Mail this application, with your check, to:

The New York Cycle Club, Inc.  
P.O. Box 877  
Brooklyn, N.Y. 11202